



## A Side Event of the 64th Session of the Commission on Narcotic Drugs - 2021

**New Paradigm of Addiction Recovery;  
A model of hope for overcoming the challenges in drug treatment recovery.**

*Organized by*

**National Dangerous Drugs Control Board of Democratic Socialist  
Republic of Sri Lanka  
in collaboration with  
Embassy and the Permanent Mission of Sri Lanka in Vienna, Austria**

**Date** : 14th April 2021  
**Time** : 13.10 pm – 14.00 pm (Central European Time)

**Meeting ID: 898 6512 3042**  
**Passcode: 001927**

Email: [mindfulness@nddcb.gov.lk](mailto:mindfulness@nddcb.gov.lk)  
Web link: [www.nddcb.gov.lk/mindfulness](http://www.nddcb.gov.lk/mindfulness)

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### Agenda

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13.10 pm – 13.15 pm	Remarks from United Nations Office on Drugs and Crime (UNODC)
13.15 pm – 13.25 pm	Overcoming the challenge in drug treatment recovery through Mindfulness - Remarks from National Dangerous Drugs Control Board (NDDCB) Dr. Laknath Welagedara, Chairman, NDDCB
13.25 pm – 13.35 pm	Documentary Video on mindfulness based practices
13.35 pm – 13.55 pm	Scientific basis for effectiveness of mindfulness based practices in reducing drug craving Ms. Pabasara Weerasinghe, Assistant Director (Scientific Research), NDDCB
13.45 pm – 13.50 pm	Discussion and conclusive remarks

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**End of the Programme**

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